

<u>2022 Grand Junction Invitational</u> June 30, 2022 – July 3, 2022

Sanction: Held under the sanction of USA Swimming # 2022-054

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND COLORADO SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

Meet Referee: Scott Powell, spowell11@comcast.net

Admin Referee: Debbie Schmidt, schmidtfive@gmail.com, 970-749-3565

Meet Director: Jacob Mull, <u>jacobmull@ymail.com</u>, 970-424-3643 Safety Director: Bill Mull, <u>billmull1947@gmail.com</u>, 970-640-9916

Location: Colorado Mesa University, El Pomar Natatorium

1100 North Avenue, Grand Junction, CO 81501

Elevation: 4,592 ft

Facility: 10 lane, 50 meter indoor competition pool, limited warm-up and cool down area. Water depth is 7 ½

feet to 13 feet. The scoreboard is a Colorado Timing LED board. The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

The lawn area outside the Rec Center desk (southeast of the building), will be available for athletes to set up day camps. Pop up tents are welcome. However, due to underground utilities, stakes may not be

used to secure the tents. All tents and personal items must be removed nightly due to lack of security and overnight sprinkler system operation.

Spectator seating will be available in the viewing balcony that will hold 600. Camping like chairs are not allowed in the viewing area due to limited space. As guests of Colorado Mesa University, all must adhere to CMU policies and rules.

Only swimmers, credentialed coaches, credentialed officials and volunteers will be allowed on the pool deck. Parents must drop off their swimmers at the doors to the pool deck and then proceed to the upstairs observation gallery. There will be a limited number of chairs provided for swimmer and coach use. Swimmers cannot bring in any of their own chairs, coolers or other "camping gear". No spectator viewing from the balcony rail.

Timing:

Colorado Timing System with touch pads and 10-lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used along with Colorado Timing System 6. Meet Mobile software will be used to post online results.

Eligibility:

Open to all swimmers holding a 2022 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to prove membership. No deck registration will be accepted.

Age as of Thursday, June 30, 2022, will govern entries.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and cool down. Any swimmer without a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach must be certified by a USA Swimming coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one meet recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

Entries:

10 & Under swimmers may swim 4 individual events per day plus 1 relay. All other swimmers may swim 3 individual events per day plus 1 relay. 11 & Over swimmers are limited to a total of 9 individual events for the meet. 10 & Under are limited to 10 individual events for the meet. There will be no exhibition swimming. Athletes may enter events with a "No Time" (NT) only for the 50 meter events. All other events must have a qualifying time in order to be seeded.

No Deck Entries will be accepted.

Sessions are limited to a 4 hour time period. Entries will be accepted until the 4 hour session limit is reached. However, teams will not be split up. Once the time limit is reached, no additional entries will be accepted. This includes entries from teams already participating in the meet. Only the top 32 girls and 32 boys listed on the psych sheet will swim the 800 free.

Each team may enter 2 relays per event. Relay declarations must be submitted to the Admin Referee before leaving the AM prelim session. Sunday relay declarations must be submitted by completion of Saturday finals.

Sunday events will be timed finals only.

Entry Dates: Entry deadline is Tuesday, June 21, 2022, at 6:00 PM. Psych sheets will be sent out by Thursday, June 23,

2022. Coaches will have until June 26^{th} at 6:00 PM to update entry files if wishing to choose other events

due to swimmers not making the cut off for those events.

Entry Fees: Individual Events \$5.00

Relay Events \$10.00 Swimmer Surcharge \$12.00

Colorado Western Slope League receives \$0.15 per event and Colorado Swimming receives \$1.05 per

event.

Entry Procedure: Email electronic entries to Erin Jenkins at jenkinserinr@gmail.com. If you do not receive an email

confirmation, your entries were not received.

Payment: Make checks payable to Maverick Aquatics. Checks may be brought to the pool on the first day of

competition or mailed to the following address:

Maverick Aquatics Attn: Ed Stehlin 1100 North Avenue

Grand Junction, CO 81501

Conduct: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will

govern this meet.

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Events will be swum in the long course configuration: 50 meters x 8 lanes.

All events are prelim/final except the following: 50 Fly, 200 Breast, 200 IM, 800 Free, and all 10 & Under events. These events are timed finals and will not be included in the evening finals session. 800 Free will be swum fastest to slowest, alternating girls and boys heats. All preliminary events will be swum fastest to slowest. All final events will be swum slowest to fastest (B consolation heat first, then A final). The top 16 swimmers will advance to the finals swimming 8 in each heat. Prelims will be swum in 8 lanes with flyover starts. One lane (lane 10) will be used for warm-up/cool down with 1 buffer lane between the competition pool and warm-ups. Finals events will be swum in 8 lanes.

In events where finals are offered, prelims for the 11 & Over athletes will be swum combined while finals will be swum by age group.

Qualifying Times: Qualifying times are required for all events except the 50 meter events. USA Swimming determined "B" National Group Motivational Time Standards, 2021-2024, will be used. These Time Standards are provided by USA Swimming. All times will be verified to be accurate.

Events 69 and 70, the girls and boys 800 free, will be bonus events. Athletes may enter with meet qualifying 800/1000 free times or with bonus qualifying times. The bonus qualifying times will be the USA Swimming determined "B" National Group Motivational Time Standards, 2021-2024, in the 400/500 free. Seeding of the 800 free events will be by meet qualifying times first, then followed by any bonus time entries.

The meet will be seeded in accordance with USA Swimming Rules with non-conforming times last.

The meet will not be pre-seeded. Thursday prelim events will require scratches to be emailed to Erin Jenkins, jenkinserinr@gmail.com by Wednesday, June 29, 2022, by 12:00 PM.

The Meet Referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. Fly over starts may be used at the discretion of the Meet Referee.

All coaches and uniformed officials must present and be able to prove membership through Deck Pass. Current certification is mandatory. All coaches are required to sign in at the Admin Table prior to coaching on deck. Officials are required to sign in at the officials meeting.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck Changing is prohibited.

On deck photography is not allowed from behind the starting blocks.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program and Event Committee coordinator.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA Swimming website at www.usaswimming.org.

There will be no time trials offered.

Warm-Ups:

Colorado Swimming, Inc. warm-up rules will be in effect. No diving or racing starts will be permitted from the blocks or sides of the pool with the exception of session 3 warm-up when sprint lanes are opened by the Meet Referee. Swimmers must enter the water using a three-point entry at all other times. Warm-ups will be under the control of the Meet Marshals.

For Sunday Timed Finals and Prelims there will be three warm-up sessions: 7:00 AM – 7:40 AM, 7:40 AM – 8:20 AM, 8:20 AM – 8:40 AM. For warm-up session 3, lanes 3 – 7 are for 10 & Under swimmers who do not need the full 40 minute warm-up. This will be an open warm-up for 10 & Under without assigned lanes. Lanes 1 and 10 will be push pace – all swimmers. Lanes 2, 8, 9 will be used for one-way starts – all swimmers. Finals warm-up sessions will be from 4:00 PM – 4:55 PM with no assigned lanes. Lanes 1 and 10 will be push pace. Lanes 2, 8, 9 will be used for one-way starts for the last 15 minutes. Times and lanes will be assigned and sent out to teams by June 29, 2022. Warm-up times and lane assignments will be posted at www.maverickaquatics.com. A complete schedule of lanes and times for all warm-up procedures must be adhered to by all participants. The Meet Referee may condense the format to make the most expeditious use of time.

Schedule:

Prelims Sessions: Warm-ups: 7:00 AM, Start 8:45 AM Final Sessions: Warm-ups: 4:00 PM, Start 5:00 PM

Sunday Timed Finals Session: Warm-ups: 7:00 AM, Start 8:45 AM

Positive Check-in for the 800 Free will be required before the scratch box closes Saturday at 5:30pm.

Alternates will be notified of any available lanes.

Changes in the schedules are at the discretion of the Meet Director and Meet Referee.

The scratch box will be at the admin table during the meet. Scratch procedures will be enforced as per 207.11.6 of the USA Swimming Rules and Regulations. All scratches for the first day must be emailed by 12:00 PM, Wednesday, June 29, 2022, to Erin Jenkins, jenkinserinr@gmail.com. The scratch box will close one half (1/2) hour after the posted start of finals on Thursday for Friday's prelims and one half hour (1/2) hour after the posted start of finals on Friday, and Saturday for the next day's preliminary events.

Swimmers qualifying to swim finals must declare their intent to scratch with the Admin Referee within 30 minutes following the announcement. As top qualifiers scratch, other swimmers become eligible for finals. If a swimmer does NOT want to swim in finals, they should scratch their names on the list with the Admin Referee no matter how far down the list their name appears. The athletes swimming in finals will be posted as soon as possible after the 30 minute scratch period. In all events where preliminary heats are necessary or in any timed final event for which the swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat, in which such swimmer entered and has not been scratched, will be barred from all further individual and relay events of that day and must positively check in with the Admin Referee for future days.

Declared false starts should be delivered to the Admin Referee before the session begins or Deck Referee after the session begins.

Scoring: The meet will be scored through 16 places. Individual scoring will be in accordance with 102.25 (8 lane).

For events where finals are swum, only the finals will score. Timed final events will score the top 16

places by age group (8 & Under, 9-10, 11-12, 13-14, 15 & Over).

Awards: No Awards will be provided.

Programs: Souvenir programs will be available for purchase at the meet for \$10.00. The program includes a punch

card for heat sheets for each session. Individual heat sheets will cost \$2.00.

Coaches Meeting: There will be a coaches meeting held 30 minutes prior to the start of the first session. No other

coaches meeting will take place unless a situation arises that would require one.

Hospitality: Refreshments and snacks will be offered to Officials and Coaches.

Concessions: No Concessions will be provided.

Officials: Teams are asked to provide officials. Please contact the Meet Referee to advise of your availability.

A mandatory Officials meeting will be held one hour prior to the start of each session each day of the

meet.

Official's uniforms for Prelims will be white polo shirt over black shorts, long pants or skirts/skorts. Official's uniforms for Finals will be white polo shirt over black long pants or skirts/skorts. No shorts at Finals. Black socks and black deck friendly shoes for all sessions.

Timers Needed!

Participating teams will be required to provide timers. Notification of lane assignments for timing will be sent to each club and posted on the Maverick Aquatics website. These assignments will be posted at the pool as well.

Swimmers must provide a timer and a counter for the 800 Free.

Thursday Prelim: Session 1							
Thursday, June 30, 2022 Warm-Up: 7:00 AM Start: 8:45 AM							
Girl's Event #	Age Group	QT	Event	QT	Age Group	Boy's Event #	
1	11-12		50 Breast		11-12	2	
3	10 &U		50 Breast(TFP)		10 &U	4	
5	11 &0	***	100 Back	***	11 &0	6	
7	10 &U	***	100 Back (TFP)	***	10 &U	8	
9	13 &0	***	200 Fly	***	13 &0	10	
11	12 &U	***	200 Fly (TFP)	***	12 &U	12	
13	13 &0	***	400 Free	***	13 &0	14	
15	12 &U	***	400 Free (TFP)	***	12 &U	16	

Thursday Finals: Session 2							
Thursday, June 30, 2022 Warm-Up: 4:00 PM Start: 5:00 PM							
Girl's Event #	Age Group	QT	Event	QT	Age Group	Boy's Event #	
17	12 &U		400 Medley Relay		12 &U	18	
19	Open		400 Medley Relay		Open	20	
1	11-12		50 Breast		11-12	2	
5	15 &0		100 Back		15 &0	6	
	13-14		100 Back		13-14		
	11-12		100 Back		11-12		
9	15 &0		200 Fly		15 &0	10	
	13-14		200 Fly		13-14		
13	15 &0		400 Free		15 &0	14	
	13-14		400 Free		13-14		

Friday Prelim: Session 3							
Friday, July 1, 2022 Warm-Up: 7:00 AM Start: 8:45 AM							
Girl's Event #	Age Group	QT	Event	QT	Age Group	Boy's Event #	
21	11 &0		50 Free		11 &0	22	
23	10 &U		50 Free (TFP)		10 &U	24	
25	11 &0	***	100 Fly	***	11 &0	26	
27	10 &U	***	100 Fly (TFP)	***	10 &U	28	
29	11 &0	***	200 Free	***	11 &0	30	
31	10 &U	***	200 Free (TFP)	***	10 &U	32	
33	13 &0	***	400 IM	***	13 &0	34	
35	12 &U	***	400 IM (TFP)	***	12 &U	36	

Friday Finals: Session 4								
Fr	Friday, July 1, 2022 Warm-Up: 4:00 PM Start: 5:00 PM							
Girl's Event #	Age Group	QT	Event	QT	Age Group	Boy's Event #		
37	12 &U		200 Free Relay		12 &U	38		
39	Open		200 Free Relay		Open	40		
21	15 &O		50 Free		15 &O	22		
	13-14		50 Free		13-14			
	11-12		50 Free		11-12			
25	15 &O		100 Fly		15 &O	26		
	13-14		100 Fly		13-14			
	11-12		100 Fly		11-12			
29	15 &O		200 Free		15 &O	30		
	13-14		200 Free		13-14			
	11-12		200 Free		11-12			
33	15 &O		400 IM		15 &O	34		
	13-14		400 IM		13-14			

Saturday Prelim: Session 5							
Saturday, July 2, 2022			Warm-Up: 7:00 /	Warm-Up: 7:00 AM Start: 8		45 AM	
Girl's Event #	Age Group	QT	Event	QT	Age Group	Boy's Event #	
41	11-12		50 Back		11-12	42	
43	10 &U		50 Back (TFP)		10 &U	44	
45	11 &0	***	100 Breast	***	11 &0	46	
47	10 &U	***	100 Breast (TFP)	***	10 &U	48	
49	13 &0	***	200 Back	***	13 &0	50	
51	12 &U	***	200 Back (TFP)	***	12 &U	52	
53	11 &0	***	100 Free	***	11 &0	54	
55	10 &U	***	100 Free (TFP)	***	10 &U	56	

Saturday Finals: Session 6							
Sat	urday, July 2,	2022	Warm-Up: 4:00 PM		Start: 5:00 PM		
Girl's Event #	Age Group	QT	Event	QT	Age Group	Boy's Event #	
57	12 &U		400 Free Relay		12 &U	58	
59	Open		400 Free Relay		Open	60	
41	11-12		50 Back		11-12	42	
45	15 &0		100 Breast		15 &O	46	
	13-14		100 Breast		13-14		
	11-12		100 Breast		11-12		
49	15 &0		200 Back		15 &O	50	
	13-14		200 Back		13-14		
53	15 &O		100 Free		15 &O	54	
	13-14		100 Free		13-14		
	11-12		100 Free		11-12		

Sunday Timed Finals: Session 7							
Sunday, July 3, 2022 Warm-Up: 7:00 AM Start: 8:45 AM					AM		
Girl's Event #	Age Group	QT	Event	QT	Age Group	Boy's Event #	
61	12 &U		200 Medley Relay		12 &U	62	
63	Open		200 Medley Relay		Open	64	
65	11-12		50 Fly (TFP)		11-12	66	
67	10 &U		50 Fly (TFP)		10 &U	68	
69	11 &0	***	200 Breast (TFP)	***	11 &0	70	
71	Open	***	200 IM (TFP)	***	Open	72	
73	Open	***	800 Free (TFP)	***	Open	74	

^{***}See 2021-2024 National Age Group Motivational Time Standards at:

https://www.usaswimming.org/docs/default-source/times documents/records/age-groups-2024-agmts.pdf