



2022 MAValanche Invitational

January 7 – 9, 2022

Sanction: Held under the sanction of USA Swimming #2022-005

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

Meet Referee: Debbie Schmidt, schmidtfive@gmail.com , 970-749-3565

Admin Official: Jacob Mull, jacobmull@ymail.com, 970-424-3643

Meet Director: Alexis Mull, mull2230@yahoo.com, 970-640-9816

Safety Director: Bill Mull, billmull1947@gmail.com, 970-640-9916

Location: Colorado Mesa University, El Pomar Natatorium

1100 North Avenue, Grand Junction, CO 81501

Facility:

10 Lane, 50 meter indoor competition pool which will be set up in a 10 lane, 25 yard configuration with substantial opportunities for warm-up and cool down. Water depth is 7 feet to 8 feet. The scoreboard is a Colorado Timing LED Board. Events will be swum in 8 lanes. The remaining lanes will be used for warmup/swim down. The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming. Elevation is 4,593.

Spectator seating will be available in the viewing balcony that will hold 600. The pool deck is open only to swimmers, coaches, volunteers, and officials.

As guests of CMU, all must adhere to the CMU policies and rules. DECK ACCESS: Only coaches, swimmers, officials and volunteers are allowed on the pool deck. Parents must drop off their swimmers at the doors to the pool deck and then proceed to the upstairs observation gallery. There will be a limited number of chairs provided for coach use. Swimmers cannot bring in any of their own chairs, coolers or other “camping gear” on deck. Parents may set up their own chairs in the upstairs gallery, but may not obstruct the view or block an aisle.

Timing:

Colorado Timing System with touch pads and 10 lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software is used along with Colorado Timing System 6. Meet Mobile software will be used to post instant online results.

Eligibility:

Open to all swimmers holding a 2022 USA Swimming Membership. Coaches will be required to sign-in to receive the meet program. Deck pass is an acceptable proof of membership. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. No deck registrations accepted.

No swimmer who is not a member of USA Swimming shall be allowed to complete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Age as of Friday, January 7, 2022 will govern entries.

Entries:

All swimmers may swim 4 individual events and 1 relay per day. Each team is limited to 3 relay teams per relay event. There will be no exhibition swimming. Athletes may enter events with a “No Time” (NT) & will be seeded last. Deck entries for athletes already in the meet must be submitted by the scratch deadlines.

Entry Limit: Sessions are limited to a 4 hour time period. Entries will be accepted until the 4 hour session limit is reached. However, teams will not be split up. Once the time limit is reached, no additional entries will be accepted. This includes entries from teams already participating in the meet.

Entry Dates: Entries will close December 30,2022 at 6:00 PM or when the 4 hour time limit per session has been reached. No late entries will be accepted except as noted in the Entries section.

Entry Fees:

Individual Events:	\$6.00 per event
Relay Events:	\$8.00 per relay
Athlete Surcharge:	\$15.00

Colorado West Slope League receives \$.15 per splash and Colorado Swimming \$1.05.

Entry Procedure: Email entries are preferred.
Email Entries: Email entries to Jacob Mull at jacobmull@ymail.com. If you don't receive an email confirmation, then your entries were not received.

Make checks payable to Maverick Aquatics Foundation. Checks may be brought to the pool on the first day of competition or mailed to the following address:

Ed Stehlin, Maverick Aquatics
1100 North Avenue
Grand Junction, CO 81501

Rules: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. Events will be swum in the long course configuration: 25 meters X 8 lanes. All events are timed final events. Events The meet will be seeded in accordance with USA Swimming Rules with non-conforming times last. The meet will be pre-seeded. The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. Fly over starts may be used at the discretion of the meet referee. All coaches and uniformed officials must present and be able to prove membership through Deck Pass. Current certification is mandatory. All coaches are required to sign in at the Admin Table prior to coaching on deck. Officials are required to sign in at the official's meeting. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck Changing is prohibited. On deck photography is not allowed from behind the starting blocks. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present." Exceptions may be granted with prior written approval by the Program and Event Committee coordinator (His or Her Designee). Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers responsibility to know the contents of

any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA Swimming website at www.usaswimming.org. There will be no time trials offered.

Warm-Up Rules: Warm-up and start times may vary. There will be a general warm-up for all sessions. Specific warm-up will be conducted for the last 15 minutes of each warm-up session. The meet referee may condense the format to make the most expeditious use of time.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Meet Schedule: Friday Session: Warm-up: 5:00 PM, Start 5:40 PM
Saturday AM: Warm-up 10:00 AM, Start 10:30 AM
Saturday PM: Warm-up 01:00 PM, Start 2:00 PM
Sunday AM: Warm-up 8:00 AM, Start 8:30 AM
Sunday PM: Warm-up 11:00 PM, Start 12:00 PM

Changes in schedule are at the discretion of the Meet Director and Meet Referee.

Scoring: Scoring will be used for team totals only and will be to 16 places as follows:
Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Awards: Medals will be given to 12 & Under swimmers per age group for 1st, 2nd, and 3rd places. Ribbons will be given to 12 & Under swimmers per age groups for 4 – 16 places. Ribbons will be given to relays placing 1st, 2nd, and 3rd places.

Programs: Psych Sheets will be sent out by Wednesday before the meet. Heat Sheets for all sessions will be available for sale 1 Hour before the start of the meet. The cost will be \$5.00 per session.

Meetings: There will be a coaches meeting held Friday, January 7, 2022, at 4:30 PM. No other coaches meeting will take place unless a situation arises that would require one.

Hospitality: A Hospitality area will be set up for coaches and officials. Snacks will be served Friday evening and all meals for Saturday and Sunday.

Concessions: There will be no concessions available at his meet.

Officials: Teams are asked to provide officials. Please contact the Meet Referee to advise of your availability. All briefings will start 45 minutes prior to the start of each session. Uniform is black shoes and socks, white shirt over black Pants/shorts/skirts/skort.

Distance Events: Swimmers entering distance events will be required to provide their own timers and lap counters.

Friday: Distance Session (Mixed Genders Event)				
Friday: January 7,2022 Warm-Up: 5:00 PM Start: 5:40 PM				
Girls' Event #	Age Group	Event Title	Age Group	Boy's Event#
1	10 & Under	500 Free	10 & Under	1
2	Open	1000 Free	Open	2

Saturday AM Session				
Saturday, January 8,2022 Warm-up: 10:00 AM Start: 10:30 AM				
Girl's Event #	Age Group	Event Title	Age Group	Boy's Event #
3	10 & Under	100 Free Relay	10 & Under	4
5	10 & Under	100 Free	10 & Under	6
7	10 & Under	25 Free	10 & Under	8
9	10 & Under	100 Fly	10 & Under	10
11	10 & Under	100 Back	10 & Under	12
13	10 & Under	25 Back	10 & Under	14
15	10 & Under	50 Breast	10 & Under	16
17	10 & Under	100 IM	10 & Under	18

Saturday PM Session				
Saturday, January 8,2022 Warm-Up: 01:00 PM Start: 2:00 PM				
Girl's Event #	Age Group	Event Title	Age Group	Boy's Event #
19	Open	200 Free Relay	Open	20
21	11 & Over	400 IM	11 & Over	22
23	11 & Over	100 Free	11 & Over	24
25	11 & Over	200 Breast	11 & Over	26
27	11 & Over	50 Breast	11 & Over	28
29	11 & Over	100 Fly	11 & Over	30
31	11 & Over	100 IM	11 & Over	32
33	11 & Over	200 Back	11 & Over	34
35	11 & Over	50 Back	11 & Over	36

Saturday Distance Session (Mixed Genders Event)				
Warm-Up: Immediately Following Saturday PM Session with a 5 Minute Break				
Girl's Event #	Age Group	Event Title	Age Group	Boy's Event #
37	11 & Over	500 Free	11 & Over	38

Sunday AM Session				
Sunday, January 9, 2022 Warm-Up: 8:00 AM Start: 8:30 AM				
Girl's Event #	Age Group	Event Title	Age Group	Boy's Event #
39	10 & Under	100 Medley Relay	10 & Under	40
41	10 & Under	200 Free	10 & Under	42
43	10 & Under	50 Back	10 & Under	44
45	10 & Under	50 Fly	10 & Under	46
47	10 & Under	25 Fly	10 & Under	48
49	10 & Under	100 Breast	10 & Under	50
51	10 & Under	25 Breast	10 & Under	52
53	10 & Under	50 Free	10 & Under	54
55	10 & Under	200 IM	10 & Under	56

Sunday PM Session				
Sunday, January 9, 2022 Warm-Up: 11:00 AM Start: 12:00 AM				
Girl's Event #	Age Group	Event Title	Age Group	Boy's Event #
57	Open	200 Medley Relay	Open	58
59	11 & Over	200 Free	11 & Over	60
61	11 & Over	100 Back	11 & Over	62
63	11 & Over	200 Fly	11 & Over	64
65	11 & Over	50 Fly	11 & Over	66
67	11 & Over	100 Breast	11 & Over	68
69	11 & Over	50 Free	11 & Over	70
71	11 & Over	200 IM	11 & Over	72

Sunday Distance Session (Mixed Genders Event)				
Warm-Up: Immediately Following Sunday PM Session with a 5 Minute Break				
Girl's Event #	Age Group	Event Title	Age Group	Boy's Event #
73	11 & Over	1650 Free	11 & Over	73