

2022 Western Slope League Bronze Circuit Meet March 12, 2022

Sanction: Held under the sanction of USA Swimming #2022-37B

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND COLORADO SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

Meet Referee: Eric Hippe, ethippe@yahoo.com, 719-337-1727

Admin Official: Erin Jenkins, jenkinserinr@gmail.com, 970-270-4469

Meet Director: Jacob Mull, jacobmull@ymail.com, 970-424-3643

Safety Marshall: Bill Mull, billmull1947@gmail.com, 970-640-9916

Location:	Colorado Mesa University, El Pomar Natatorium 1100 North Avenue, Grand Junction, CO 81501
Facility:	10 lane, 50 meter indoor competition pool which will be set up in an 8-10 lane, 25 yard configuration with substantial opportunities for warm up and cool down. Water depth is 7 ½ feet to 13 feet. Pool elevation is at 4,593 feet. The scoreboard is a Colorado Timing LED Board. The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.
	Spectator seating will be available in the viewing balcony that will hold 600 people. The pool deck is open only to swimmers, coaches, and officials.
	As guests of CMU, all must adhere to the CMU policies and rules. DECK ACCESS: Only coaches, swimmers, officials and volunteers will be allowed on the pool deck. Parents must drop off their swimmers at the doors to the pool deck and then proceed to the upstairs observation gallery. There will be a limited number of chairs provided for swimmers and coach use. Swimmers cannot bring in any of their own chairs, coolers or other "camping gear" on deck. Parents may set up their own chairs in the upstairs gallery but may not obstruct the view or block an aisle.
Timing:	Colorado Timing System with touch pads and 10-lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet Manager software will be used along with Colorado Timing System 6. Meet Mobile software will be used to post online results.
Eligibility:	Open to all 14 and under registered swimmers holding a 2022 USA Swimming Membership and belonging to the Western Slope League. No deck registrations will be accepted.
	Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.
	Age as of March 12, 2022, will govern entries.
Entries:	Swimmers may compete in 4 individual events and 1 relay. Deck entries will be accepted for open lanes only. New heats will not be created to accommodate deck entries.
Entry Limit:	Sessions are limited to a 4-hour time period. Entries will be accepted until the 4-hour session limit is reached. However, teams will not be split up. Once the time limit is reached, no additional entries will be accepted.
Entry Dates:	Entries must be received by Sunday, March 06, 2022, at 6:00 PM. No late entries will be accepted.
Entry Fees:	There will be a flat fee of \$15.00 per swimmer.
Entry Procedu	re: Email entries are preferred. Please email entries to Erin Jenkins at <u>jenkinserinr@gmail.com</u> . If you do not receive an email confirmation, then your entries were not received.
	Make checks payable to Maverick Aquatics. Checks may be brought to the pool on the first day of competition or mailed to the following address:

Maverick Aquatics Attn: Ed Stehlin 1100 North Avenue Grand Junction, CO 81501

Rules: Current USA Swimming Rules will govern this meet. All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Events will be swum in the short course yards configuration; 25 yards x 8-10 lanes. Events will be swum slowest to fastest. No exhibition swimming allowed.

Qualifying Times: All times must be slower than Silver State qualification times.

The meet will be pre-seeded and heat sheets will be available on the Maverick Aquatic website, <u>www.maverickaquatics.com</u>. They will also be posted on the Western Slope League website, <u>www.westernslopeleague.org</u>.

The Meet Referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine events by age, sex, and/or distance. Fly over starts may be used at the discretion of the Meet Referee.

All coaches and uniformed officials must sign in with the Meet Referee. Current certification is mandatory. Deck Pass Plus or a current USA Swimming membership card are acceptable proof of certification. Coaches that are not in compliance will not be allowed on deck.

Deck changing is prohibited.

No on deck photography from behind the starting platforms during starts and relays.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information

on supplements please refer to the drug information on the USA Swimming website at <u>www.usaswimming.org</u>.

Colorado Swimming, Inc. warm-up rules will be in effect. NO DIVING OR RACING STARTS will be permitted from the blocks or sides of the pool. Swimmers must enter the water using a three-point-entry. Racing starts will be permitted only when sprint lanes are opened by the Meet Referee. Warm-ups will be under the control of the Meet Marshals.

There will be no time trials offered.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Session: Saturday Session: WARM-UP: 10:00-10:55 AM START: 11:00 AM

Warm up lanes will be assigned based on the number of swimmers. Lane assignments will be available at the coaches meeting or with the Meet Referee upon check in.

Changes in schedule are at the discretion of the Meet Director and Meet Referee.

- **Scoring**: No scoring will be kept for this meet.
- Awards: Medals will be given to all swimmers for 1st, 2nd, 3rd places. Ribbons will be given for 4th 8th places. Award divisions will include ages: 8 & under, 9-10, 11-12, 13-14.
- Volunteers: All teams attending the meet will be asked to help support the meet with volunteers. All teams will be assigned volunteer positions based on the number of swimmers participating from their team. Team assignments will be sent by email to teams by Monday, March 7, 2022.
- Meetings: There will be a coaches meeting held Saturday, March 12, 2022, at 9:30 AM. No other coaches meeting will take place unless a situation arises that would require one.
- Hospitality: A hospitality area will be set up for coaches and officials.
- **Seating**: It is recommended that you bring your own chair for seating in the balcony.

Officials: Teams are asked to provide officials. Please contact the Meet Referee to advise of your availability. White shirt over black shorts, pants or skirts/skorts with black deck shoes. Officials briefing will start 45 minutes prior to the start of the session.

Circuit Meet Events				
Girls	Event	Boys		
1	Open 200 Medley Relay	2		
3	8 & Under 25 Back	4		
5	12 & Under 50 Back	6		
7	14 & Under 100 Back	8		
9	14 & Under 200 Free	10		

11	8 & Under 25 Breast	12
13	12 & Under 50 Breast	14
15	14 & Under 100 Breast	16
17	14 & Under 100 IM	18
19	8 & Under 25 Fly	20
21	12 & Under 50 Fly	22
23	14 & Under 100 Fly	24
25	14 & Under 200 IM	26
27	8 & Under 25 Free	28
29	12 & Under 50 Free	30
31	14 & Under 100 Free	32
33	Open 200 Free Relay	34
35	14 & Under 500 Free*	36

*500 free swimmers will be required to provide their own timers and lap counters.