



Western Slope League

8 and Under Championship July 7, 2023

DATE: July 7, 2023

SANCTION: Held under sanction of USA Swimming, sanction # CO23-099

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

LOCATION: Glenwood Springs Community Center | Altitude 5,763ft
100 Wulfsohn Road
Glenwood Springs, CO 81601
970.384.6301 phone | 970.928.8418 fax
www.glenwoodrec.com/101/Community-Center

MEET HOST: Team Sopris

FACILITY: 25-yard indoor pool, 6 lanes for competition and one continuous warm up/cool down lane. Limited deck space, seating available in the adjacent gymnasium. **No chairs will be allowed on pool deck.** The competition course has not been certified in accordance with 104.2.2C (4). Water depth: 4 feet at shallow end; ranging from 6'3" in lane 8 to 12' in lane 1 at diving end. All races will start at diving end.

TIMING: Colorado Timing System with touch pads and 10-lane display board will be used for all events. Back-up timing will consist of two buttons and one stopwatch. Hy-Tek Meet Manager 6.0 software will be used.

RULES: Current USA Swimming Rules will govern this meet.

Colorado Swimming Inc. warm-up procedures will be observed.

Exhibition swimming will not be allowed.

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

Age as of Friday, July 7, 2023, will govern entries.

Deck Pass is an acceptable form of Membership.

Coaches are required to sign in to receive a program.

No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a





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safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm down. Swimmers at the meet without a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Use of audio and visual recording devices, including cell phone, is not permitted in changing areas, rest rooms or locker rooms.

No on deck photography from behind the starting platforms or during the start or relays.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, gender, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Deck pass is an acceptable proof of membership. Current certification is mandatory.

Colorado Swimming, Inc. does not support, recommend, endorse, or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at www.usaswimming.org

MEDICAL INFO: Medical supervision including ARC certified Lifeguards, AED and First Aid Kits are available to all swimmers participating in this meet.

FORMAT: Timed finals, events swam slowest to fastest

SCHEDULE: Changes to the schedule are at the discretion of the Meet Director and Meet Referee. Any changes will be communicated via email as pertinent.

Championship Session: Friday: Warm-up 8:30am | Meet Start 9:15am

ELGIBILITY: Open to all Western Zone 4 League swimmers holding a 2023 USA Swimming Membership card. Unattached swimmers are not eligible unless they are in the acceptable transfer period.





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SCORING: Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

AWARDS: Awards will be earned as follows:

- Tophies awarded for 1st place.
- Medals awarded for 2nd and 3rd place.
- Ribbons will be awarded to 4th – 12th place.
- Relays will receive ribbons for 1st – 3rd place.
- Individual High Points will be awarded to the top female and male

There will be an awards ceremony immediately following each event.

SEEDING & SCRATCHES:

If there are changes or scratches, they must be delivered to the entry chair at the beginning of warm ups. The Championship session will be seeded 30 minutes before the beginning of the meet.

QUALIFYING & ENTRY TIMES:

No qualifying times for 2023, however NT entries will not be allowed. This is a championship meet, a swimmer qualifies to swim in an event at this meet by having completed the event (yards or meters) prior to the championship.

COACHES & OFFICIALS:

There will be a coaches meeting 15 minutes prior to the start of the meet. Teams are asked to provide officials. Please contact the Referee to advise of your availability. Coaches will be required to sign-in to receive the meet program.

ENTRY LIMITS: 8&U Swimmers are limited to 4 individual events and 2 relay events during the 8&U session, plus 2 individual events from session 1 of the WSL Championship meet, held at Colorado Mesa University (see that invite for details and event lists). Entries will be limited in accordance with the 4-hour guidelines. Relays may be made up of any combination of male and female swimmers. The Meet Director reserves the right to alter the sessions to conform to this rule.

ENTRY FEES:

Individual Events:	\$ 5.00 per event
Relay Events:	\$ 8.00 per relay
Swimmer Surcharge:	\$ 12.00 per swimmer
CSI support fund:	\$1.10 per splash
Western Slope League	\$0.15 per entry

Make check out to: Team Sopris

All entry fees must be brought to the meet on the first day or can be mailed to:
Team Sopris
Attn: Cristi Newton
P.O. Box 1851
Glenwood Springs, CO 81601





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ENTRY

DEADLINE: Entries must be received by **7:00pm, Monday, July 3rd, 2022**. No late entries will be accepted.

ENTRY

PROCEDURE: Entries shall be sent by Hy-Tek file with a pdf of your team's entries by swimmer. Email the Hy-Tek entry file to the entry Chairperson. If you don't receive an email confirmation, then your entries were not received. Checks for entries must be turned in before the first session of the meet. Submit entry times according to the time swam – DO NOT SUBMIT CONVERTED TIMES, i.e. if the time was done in short course yards submit the short course time. Seeding will be in accordance with USA Swimming Rules and Regulations 207.11.7B.

RESULTS:

Hy-tek results file will be emailed and posted to the Western Slope League website by Monday July 10, 2023. Paper copies of results will be generated by coach request only.

MEET TEAM:

Meet Referee -Katie Mcmanus, skier_pt@yahoo.com 970-925-5591
Meet Director - Tiffany Lindenberg - lindy@rof.net
Administrative Official - Cristi Newton - meetentries@teamsopris.org
Entry Chair - Cristi Newton - meetentries@teamsopris.org

TEAM

RESPONSIBILITIES

FOR MEET: Each team attending is asked to provide timers for this meet.





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EVENT LIST

WESTERN SLOPE LEAGUE 8 AND UNDER CHAMPIONSHIP		
Friday AM		
Friday, July 7, 2023 Warm Up 8:30AM Start 9:15 AM		
Girl's Event #	Event Description	Boy's Event #
1	100 Freestyle	2
3	MIXED 100 Freestyle Relay	
5	25 Backstroke	6
7	25 Butterfly	8
9	50 Freestyle	10
11	25 Breaststroke	12
13	100 IM	14
15	25 Freestyle	16
17	MIXED 100 Medley Relay	

