

2022 Autumn Aspen Invitational

October 8 & 9, 2022
Aspen, Colorado

Sanction: Held under the sanction of USA Swimming # CO 23-95. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Sponsor: Aspen Swim Club

Location: Location: Aspen Recreation Center
861 Maroon Creek Road, Aspen, CO 81611
PH: 970) 544-4100
Web: <http://www.aspenrecreation.com/aspen-recreation-center>

Facility: Elevation: 8,020 Feet. Indoor pool, 25 yard, 6 lanes. The competition course has not been certified in accordance with 104.2.2C(4)The water depth is measured at 4.5 feet on the shallow end and 12 feet on the deep/diving end.

Timing: Colorado Timing System 6 with touchpads and 6 lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet manager software will be used. All events will be timed finals.

Schedule:

Saturday Morning: Warm-up 8:00 am / Start 9:10 am
Saturday Afternoon: Warm-up 12:00 pm / Start 1:10 pm
Saturday Evening: Session will begin 15 minutes after completion of the afternoon session. This intervening time will be warm up for the distance events.

Sunday Morning: Warm-up 8:00 am / Start 9:10 am
Sunday Afternoon: Warm-up no earlier than 11:30 am / Start 12:40 pm

Eligibility: Open to any swimmer with a 2022 or 2023 USA swimming membership. Any swimmer appearing on the CSI exception report without registration must come to the meet prepared to show proof of current membership or they will not be allowed to participate. Deck Pass is an acceptable proof of Membership. **There shall be no deck registrations allowed. Per USA Swimming rule (False Registration) Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all**

swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Entry

Limit:

Swimmers may compete in a maximum for four (4) individual events and 1 relay per day. In addition, on Saturday, a swimmer may elect to swim an additional event in Session III totaling no more than five (5) individual events. The meet will be limited to approximately the first 250 swimmers received. Teams will not be split up (this pertains only to entries received at the same time while still under the cap of 250 swimmers).

Entry

Fees:

\$5.00 per individual entry per swimmer, plus a one-time \$15.00 fee per swimmer for pool surcharge. \$1.10 for each entry fee goes to the CSI fund and \$0.15 per event goes to Zone 4 Swimming. \$10.00 for each relay event entered. No entries will be accepted after September 30, 2022. There will be a \$10.00 charge added per each deck entry/change

Make your check (one only per team) payable to: Aspen Swim Club.

Entry Process:

1. The Team Manager event template will be available by September 24, 2022 on the Western Slope League (WSL) website (www.westernslopeleague.org).
2. All entries must be submitted by Team Unify. The entry chair will confirm any e-mail entries on receipt.
3. Teams sending a handwritten entry sheet are subject to a \$25.00 processing fee.
4. The meet will be pre-seeded. There will be no re-seeding. Adds may be allowed in open lanes only, and at the meet referee's discretion.
5. "No Time" or incorrect times will be placed in the slowest heat.
6. Times for all events should be in SCY.
7. Please provide the number of coaches who will be attending the meet for Coach Packet preparation as well as snacks/meals provided to the coaches.

Distance Events: 400 IM and 500 Freestyle:

The 400 IM and the 500 Free will be deck seeded

Positive check-in is required for both events. Swimmers must check in at the Clerk of Course by 2:00pm Saturday in order to be entered/seeded in the event.

Swimmers **must** provide their own timers (2) and lap counters.

Please adhere to the courtesy time standard of 8:00.00 for both events. Any swimmer not entered with the courtesy time will automatically be eliminated from the event. This includes entries with NT

All distance events will be swum fastest to slowest, alternating females and males.

Entry

Deadline:

All entries must be received no later than **6pm Monday, October 3rd, 2022**. Please email entries to Trzcinski.Chris@gmail.com and expect a confirmation email within 24 hours; please resend if you do not receive an email confirmation. You will receive a team psych sheet to confirm your entries by **Tuesday, October 4th, 9 PM**. You will have until **6 PM on Wednesday, October 5th, 2022** to make any changes to your swimmers events. The meet will be seeded immediately after this change deadline. Please bring payment to meet or send to:

Aspen Swim Club
PO Box 12341
Aspen, CO 81612

Scoring:

The meet will be scored as follows:

Individual & Relay-to six places: Individual Events: 7, 5, 4, 3, 2, 1

Relay Events: 14, 10, 8, 6, 4, 2

Team scores will be kept and posted throughout the meet

Awards:

Individual Events: 1st - 8th Ribbons for 10 and unders only

Relay Events: 1st - 6th Ribbons for 10 and unders only

Participation awards will be given to all swimmers.

Programs/

Concessions:

Programs will NOT be available for purchase. Heat sheets will be posted by October 7, 2022 on the WSL website (www.westernslopeleague.org) and Aspen Swim Club's website (www.aspenswimclub.org) prior to the meet.

Results:

Results will be emailed to teams within five (5) days after the meet.

Rules and other important information:

1. Current USA Swimming and Colorado Swimming, Inc. rules will govern the procedures of the meet. Age as of October 8, 2022 will determine the swimmers' age group for competition. Swimmers may swim in only one age group per event. The meet will be pre-seeded.
2. The Meet Referee will have the final authority on all swimming procedures of the meet.
3. Colorado Swimming, Inc. procedures for warm-up will be observed. These procedures are posted throughout the pool area.
4. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

5. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
6. Coaches MUST declare adds/scratches no later than 30 minutes prior to the start of each session.
7. 25-yard events will start from the blocks and finish at the turn end of the pool.
8. Only swimmers registered in the meet are permitted to use the warm-up and cool down portions of the facility. No exhibition swimming allowed.
9. Each team will be asked to provide timers for the duration of each session.
10. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
11. There will be no on deck photography from behind the starting platforms.
12. Deck changing is Prohibited.
13. At the Referee's discretion, events may be combined by age, gender and/or distance.
14. No smoking is allowed on the pool deck, in the building, or any area around the recreation center. No glass bottles will be allowed on deck or in the pool area. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent that the law allows.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
16. Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers' responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at www.usaswimming.org.
17. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Coaches/

Officials: All coaches and uniformed officials must display their USA membership cards when on deck. Current certification is mandatory. Coaches will be required to sign-in to receive the meet program. The Meet Referee reserves the right to hold a coaches meeting prior to the start of the meet or at any time the need arises.

We are in need of meet officials. If you are interested in officiating at this meet, please contact Katie McManus (skier_pt@yahoo.com). A mandatory Officials' meeting will be held before each session. Officials' wear: standard white over black

Meet Director:	Jenny Jones	eljebel1@comcast.net
Safety Chair:	Erin Hutchins	erinhutch@yahoo.com
Meet Referee:	Katie McManus	skier_pt@yahoo.com
Entries:	Chris Trzcinski	Trzcinski.Chris@gmail.com
Admin Official:	Chris Trzcinski	Trzcinski.Chris@gmail.com

We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID19 RELATED TO PARTICIPATION IN THIS COMPETITIONBY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID19 RELATED TO PARTICIPATION IN THIS COMPETITION.

2022 Autumn Aspen Invitational Swim Meet
Order of Events

Saturday AM – Session I

Warm up: 8:00 AM Start: 9:10 AM

Girls Event	Age Group	Description	Boys Event
1	10&U	100 Free	2
3	8&U	25 Free	4
5	10&U	50 Fly	6
7	10&U	100 Breast	8
9	8&U	25 Breast	10
11	10&U	50 Back	12
13	10&U	200 IM	14
15	10&U	200 Medley Relay	16

Saturday PM – Session II

Warm up: 12:00 PM Start: 1:10 PM

Girls Event	Age Group	Description	Boys Event
17	11-12	50 Back	18
19	13&O	200 Back	20
21	11-12	200 Back	22
23	13&O	100 Free	24
25	11-12	100 Free	26
27	13&O	100 Fly	28
29	11-12	100 Fly	30
31	13&O	50 Free	32
33	11-12	50 Free	34
35	13&O	200 Breast	36
37	11-12	200 Breast	38
39	Open	400 Medley Relay	40

Saturday Evening – Session III

15 minute warm up immediately following session II

Girls Event	Age Group	Description	Boys Event
41	11&O	400 Individual Medley	42
43	Open	500 Free	44

Sunday AM – Session IV

Warm up: 8:00 AM Start: 9:10 AM

Girls Event	Age Group	Description	Boys Event
45	10&U	100 Individual Medley	46
47	8&U	25 Fly	48
49	10&U	100 Fly	50
51	10&U	50 Free	52
53	10&U	100 Back	54
55	8&U	25 Back	56
57	10&U	50 Breast	58
59	10&U	200 Free	60
61	10&U	200 Free Relay	62

Sunday PM – Session V

Warm up: 11:30 AM Start: 12:40 AM

Girls Event	Age Group	Description	Boys Event
63	11&O	100 Individual Medley	64
65	13&O	200 Free	66
67	11-12	200 Free	68
69	13&O	100 Breast	70
71	11-12	100 Breast	72
73	13&O	200 Fly	74
75	11-12	50 Fly	76
77	11-12	200 Fly	78
79	13&O	100 Back	80
81	11-12	100 Back	82
83	11-12	50 Breast	84
85	11&O	200 Individual Medley	86
87	Open	400 Free Relay	88