

2022 CO Delta Barracuda Evening Splash Mini Meet June 24, 2022

Date: Friday, June 23rd, 2023

Warm-Ups 5:00-5:25, Meet Starts at 5:30

Sponsor: The Delta County Barracuda Swim Team and the City of Delta

Sanction: Held under the Western Slope Blanket Sanction of Colorado Swimming, Inc. of USA Sanction Number #CO23-093 In granting this sanction, it is understood and agreed that USA Swimming shall be free from liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Facilities: Bill Heddles Recreation Center

530 Gunnison River Road Delta,
CO 81416 (970) 874-0923

Facilities: The Recreation Center pool is an indoor, 6 lane, 25 yard pool with non-turbulent lane dividers at an altitude of 4,953 ft . Continuous warm-up and cool down will be available in the tot pool. The competitions course has not been certified in accordance with 104.2.2C (4). water depth measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls . All lanes are 4' deep at 1 meter from turn end and to 5' deep at 5 meters from turn end. Lanes 1-4 are 12' deep 1 meter from start end and 6 feet deep at 5 meters from start end. Lanes 5-6 are 4.6' deep at 1 meter from start end and 5' deep at 5 meters from start end.

Eligibility:

- Open to all swimmers holding a 2023 USA Swimming membership. Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show proof of current membership, either with a coaches' roster of currently registered athletes from the team's Club Portal or via a mobile device and the athlete's USA Swimming account. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post-meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post-meet registration check is run the team will be charged. A Swimmer

who has achieved a CSI LC Open Meet Qualifying Time in any given event may not swim that event in this meet.

- Current USA Swimming Rules will govern this meet.
- "All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition."

Scoring: No Scoring will take place. For results, the following age groups will be used:

- 6 and under, 7-8, 9-10, 11-12, 13 and over.

Awards: TBD

Timing: Colorado Timing System with two buttons and one stopwatch and 6-lane display board will be used for all events. Hy-Tek meet Manager 6.0 software will be used. Meet Mobile will be utilized for instant results.

Officials: We are in need of meet officials. If you are interested in officiating at this meet, please contact Lihn Radovich. ltrado3@gmail.com
A mandatory Officials' meeting will be held 30 minutes prior to the session.

Entry Limits: All swimmers may swim 4 individual events

Entry Fees: \$20 flat fee per swimmer. Colorado Western Slope League receives \$.15 per event and Colorado Swimming receives \$.75 per event. Officials will be refunded \$5.00 per child participating in the meet.

Make one check payable to:

Delta Barracuda Swim Team

ALL ENTRY FEES CAN BE MAILED TO THE ENTRY CHAIRMAN:

Courtney Hellman

14158 F Rd

Delta, CO 81416

970-250-7572

DO NOT SEND ENTRIES or FEES TO THE POOL

Email Procedure: E-mail entries are preferred. "No Time" or incorrect times will be placed in

the slowest heat. Times for all events should be in short course yards.

Email Entries: Email entries in a TM or compatible format to Courtney Hellman, courtneyhellman77@gmail.com If you do not receive an email confirmation, your entries were not received.

Entry Deadline: Entries must be delivered via email by **midnight, Monday, June 20th, 2023**

Deck Entries: Deck entries will be accepted for ONLY open lanes. No new heats will be created

Meet Referee: Lihn Radovich ltrado3@gmail.com

Meet Director: Courtney Hellman courtneyhellman77@gmail.com

Admin Official: Courtney Hellman

Credentials: All coaches and uniformed officials must display their USA/CSI cards when on deck. USA Swimming App is an acceptable proof of membership. Current certification is mandatory. Coached will be required to sign in and provide proof of credentials with the meet director.

Rules: Age as of June 23rd, 2023 will determine the swimmer's age group. Exhibition swimming will not be allowed.

Colorado Swimming, Inc does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmer's responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA swimming website at usaswimming.org.

The standard CSI warm-up procedures are in effect for this meet. This includes swimmers entering the warm-up lanes using a 3-point feet-first entry where both feet and one hand must be in contact with the deck or end wall immediately prior to entering the water.

Colorado Swimming, Inc. warm-up procedures will be observed.

The meet will be pre-seeded. Boys and girls will swim together but will be separated for results.

Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All entries must include times or "NT". Submit short course yard times only. Events will be seeded slowest to fastest.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance.

All coaches, officials, parents, and swimmers should act in a safe manner. All participants, visitor coaches, and officials should be reminded that swimming venues have areas where additional care is needed. This includes but is not limited to slippery decks and hallways. Proper footwear and caution are recommended. No running or horseplay is allowed; it is the responsibility of the swimmers, coaches, officials, and parents to monitor these activities. Remember, safety first! Please help accommodate your neighbors.

Per R-16 Rules and Regs Changes Effective 1/1/23.: Medical supervision (e.g., lifeguards, EMT, AED device, etc.) is available to athletes participating in the meet for the duration of the meet.

All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory.

A complete schedule of warm-up lanes and procedures will be sent out after all entries have been submitted. All must adhere to by all participants.

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to

register the swimmers. As soon as the post meet registration check is run the team will be charged.

The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or other designated areas is not appropriate and is prohibited.

Deck Changing is prohibited.

No on deck photography from behind the starting platforms during the start or relays.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

A description of the medical supervision (e.g., lifeguards, EMT, AED device, etc.) available to athletes participating in the meet” Per R-16 Rules and Regs Changes Effective 1/1/23.

Facility Info: The aquatic complex deck will be closed to the general public (including swim parents). No public swim will be available during the meet. The mezzanine overlooking the pool will be open for all to observe the meet.

- NO TENTS ON THE LAWN PLEASE.
- NO PETS ON RECREATION CENTER PROPERTY.
- PARK IN DESIGNATED PARKING AREAS.
- Any damage to any area of the Recreation Center and pool area will be grounds for dismissal from the meet. Teams with swimmers responsible for the damage will be billed for all damages.
- No smoking in any area of the recreation center facility.
- No alcohol beverages are allowed in any area of the recreation

center facility.

- All participants by entry will release the City of Delta, its officers, agents, and employees from liability for any and all injuries or damages which may result.
- Further, the participant agrees to hold harmless the City of Delta, its officers, agents and employees, for any damages or personal injury which may result from activities occurring on the property of the City of Delta which is used in conjunction with the Delta Barracuda Swim Meet.

COVID INFORMATION:

- We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability, or death that may result. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Delta Barracudas Evening Splash Mini Meet Events

Friday, June 23rd, 2023

WarmUp: 5:00 - 5:25 pm

Meet Starts 5:30 pm

Mixed Events

1. 10 & U 25 Back
2. Open 50 Back
3. 10 & O 100 Back
4. 13 & O 200 Back
5. 10 & U 25 Free
6. Open 100 Free

7. 13 & O 200 Free
8. 10 & U 25 Breast
9. Open 50 Breast
10. Open 100 Breast
11. 13 & O 200 Breast
12. 10 & U 25 Fly
13. Open 50 Fly
14. Open 100 Fly
15. 12 & U 100 IM
16. 13 & O 200 IM
17. Open 50 Free

Programs/ Programs will be available at a cost of \$1.00

Results: Final results will be provided at the end of the meet to coaches of teams entered in the meet. Final results may be ordered by others for \$5.00 and will be mailed within 5 days.