

2024 Summer Aspen Meet

June 8 & 9, 2024
Aspen, Colorado

Sanction: Held under the sanction of USA Swimming # CO 24-136. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Sponsor: Aspen Swim Club

Location: Location: Aspen Recreation Center
861 Maroon Creek Road, Aspen, CO 81611
PH: 970) 544-4100
Web: <http://www.aspenrecreation.com/aspen-recreation-center>

Facility: Elevation: 8,020 Feet. Indoor pool, 25 yard, 6 lanes. The competition course has not been certified in accordance with 104.2.2C(4) The water depth is measured at 4.5 feet on the shallow end and 12 feet on the deep/diving end.

Timing: Colorado Timing System 6 with touchpads and 6 lane display board will be used for all events. Back-up timing will consist of one button and two stopwatches. Hy-Tek Meet manager software will be used. All events will be timed finals.

Schedule:
Saturday Morning: Warm-up 8:30 am / Start 9:40 am
Sunday Morning: Warm-up 8:30 am / Start 9:40 am
Saturday Afternoon: Session will begin 15 minutes after completion of the afternoon session. This intervening time will be used for warm up for the distance event.

Warmup lanes will be assigned and posted after all entries have been received

Eligibility: Open to any swimmer with a 2024 USA swimming membership. Any swimmer appearing on the CSI exception report without registration must come to the meet prepared to show proof of current membership or they will not be allowed to participate. Deck Pass is an acceptable proof of Membership. **There shall be no deck registrations allowed. Per USA Swimming rule (False Registration) Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. No swimmer who is not a member of USA Swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.**

Entry

Limit:

Swimmers may compete in a maximum for four (4) individual events and 1 relay per day. In addition, on Saturday, a swimmer may elect to swim an additional event in Session III totaling no more than five (5) individual events. The meet will be limited to approximately the first 250 swimmers received. Teams will not be split up (this pertains only to entries received at the same time while still under the cap of 250 swimmers).

Entry

Fees:

\$8.00 per individual entry per swimmer, plus a one-time \$15.00 fee per swimmer for pool surcharge. \$1.15 for each entry fee goes to the CSI fund and \$0.15 per event goes to Zone 4 Swimming. \$12.00 for each relay event entered. No entries will be accepted after **June 4, 2024**. There will be a \$10.00 charge added per each deck change

Make your check (one only per team) payable to: Aspen Swim Club.

Entry Process:

1. The Team Manager event template will be available by **May 1, 2024** on the Western Slope League (WSL) website (www.westernslopeleague.org) and the Aspen Swim Club website.
2. All entries must be submitted by Team Unify. The entry chair will confirm any e-mail entries on receipt.
3. Teams sending a handwritten entry sheet are subject to a \$25.00 processing fee.
4. The meet will be pre-seeded. There will be no re-seeding. Adds may be allowed in open lanes only, and at the meet referee's discretion.
5. "No Time" or incorrect times will be placed in the slowest heat.
6. Times for all events should be in SCY.
7. Please provide the number of coaches who will be attending the meet for Coach Packet preparation as well as snacks/meals provided to the coaches.

Distance Event: 1650 Free- Mixed 12 and Older

The 1650 Mixed Free will be deck seeded

Positive check-in is required. Swimmers must check in at the Clerk of Course by 10:00 am Saturday in order to be entered/seeded in the event.

Swimmers **must** provide their own timers (2) and lap counters.

The mile will be swum fastest to slowest.

Entry

Deadline:

All entries must be received no later than **6pm Tuesday, June 4, 2024**. Please email entries to Trzcinski.Chris@gmail.com and expect a confirmation email within 24 hours;

please resend if you do not receive an email confirmation. You will receive a team psych sheet to confirm your entries by **Wednesday, June 5th, 9 PM**. You will have until **6 PM on Thursday, June 6th** to make any changes to your swimmers events. The meet will be seeded immediately after this change deadline. Please bring payment to meet or send to:

Aspen Swim Club
PO Box 12341
Aspen, CO 81612

Awards: Individual Events: 1st - 8th Ribbons for 10 and unders only
Relay Events: 1st - 6th Ribbons for 10 and unders only
Prizes given for heat winners.
Participation awards will be given to all swimmers.

Programs/

Concessions: Programs will NOT be available for purchase. Heat sheets will be available on meet mobile post seeding. Heat sheets will also be posted at the pool.

Results: Results will be posted on Meet Mobile. Results will be emailed to teams within five (5) days after the meet.

Rules and other important information:

1. Current USA Swimming and Colorado Swimming, Inc. rules will govern the procedures of the meet. Age as of June 8, 2024 will determine the swimmers' age group for competition. Swimmers may swim in only one age group per event. The meet will be pre-seeded.
2. The Meet Referee will have the final authority on all swimming procedures of the meet.
3. Colorado Swimming, Inc. procedures for warm-up will be observed. These procedures will be posted throughout the pool area.
4. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
5. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
6. Coaches MUST declare adds/scratches no later than 30 minutes prior to the start of each session.

7. 25-yard events will start from the blocks and finish at the turn end of the pool.
8. Only swimmers registered in the meet are permitted to use the warm-up and cool down portions of the facility. No exhibition swimming allowed.
9. Each team may be asked to provide timers for the duration of each session.
10. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
11. There will be no on deck photography from behind the starting platforms.
12. "Deck changes" are Prohibited.
13. At the Referee's discretion, events may be combined by age, gender and/or distance.
14. No smoking is allowed on the pool deck, in the building, or any area around the recreation center. No glass bottles will be allowed on deck or in the pool area. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent that the law allows.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.
16. Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers' responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements, please refer to the drug information on the USA Swimming website at www.usaswimming.org.
17. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
18. Medical Supervision: There will be lifeguards on duty as well as 2 AED available at the ARC. Aspen Valley Hospital is 1.5 miles away.

Coaches/

Officials: All coaches and uniformed officials must display their USA membership cards when on deck. Current certification is mandatory. Coaches will be required to sign-in to receive the meet program. The Meet Referee reserves the right to hold a coaches meeting prior to the start of the meet or at any time the need arises.

We are in need of meet officials. If you are interested in officiating at this meet, please contact Katie McManus (skier_pt@yahoo.com). A mandatory Officials' meeting will be held before each session.
Officials' wear: standard white over black

Meet Director:	Jenny Jones	eljebel1@comcast.net
Safety Chair:	Amber Trzcinski	ambtrz@gmail.com
Meet Referee:	Katie McManus	skier_pt@yahoo.com
Entries:	Chris Trzcinski	Trzcinski.Chris@gmail.com
Admin Official:	Chris Trzcinski	Trzcinski.Chris@gmail.com

2024 Summer Aspen Swim Meet
Order of Events

Saturday Session 1	Start Time 9:40 AM	Warm Up 8:30 AM	
Girls	Age	Event	Boys
1	13&O	100 Free	2
3	11-12	100 Free	4
5	10&U	100 Free	6
7	8&U	25 Free	8
9	13&O	100 Fly	10
11	11-12	100 Fly	12
13	10&U	50 Fly	14
15	10&U	100 Breast	16
17	8&U	25 Breast	18
19	10&U	50 Back	20
21	11-12	50 Back	22
23	13&O	50 Free	24
25	11-12	50 Free	26
27	10&U	100 IM	28
29	10&U	200 Med Relay	30
31	Open	400 Med Relay	32

Saturday Session II	Distance	Starts 15 minutes after event 32	
Event	Age	Distance	
33	Mixed 12&O	1650 Free	

Sunday Session III	Start Time 9:40 AM	Warm-Up 8:30 AM	
Girls	Age	Event	Boys
34	8&U	25 Fly	35
36	10&U	100 Fly	37
38	11&O	100 IM	39
40	13&O	200 Free	41
42	10&U	50 Free	43
44	11-12	200 Free	45
46	10&U	100 Back	47
48	8&U	25 Back	49
50	13&O	100 Back	51
52	11-12	50 Breast	53
54	10&U	50 Breast	55
56	10&U	200 Free	57
58	11-12	50 Fly	59
60	13&O	200 IM	61
62	11-12	100 Breast	63
64	13&O	100 Breast	65
66	10&U	200 Free Relay	67
68	Open	800 Free Relay	69